

November

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			6:30-8a (CTA) 1	6:30-8a NBA (NBA) 2 5:20-5:50p off ice 6-7:15p JR (NBA) 7:15-8:30p SR (NBA)	1-3p (NBA) 3 6-7:30pJR/SR (NBA)	Off ice: 1:30-2:15pm 2:30-4:30p SR (NBA) 4
4:20-4:50p off ice 5-6:15p JR (RRA) 5	6:30-8a (NBA) 6	6:30-7:45p JR/SR (NBA) 7	6:30-8a (CTA) 8	6:30-8a NBA (NBA) 9 5:20-5:50p off ice 6-7:15p JR (NBA) 7:15-8:30p SR (NBA)	1-3p (NBA) 10 6-7:30pJR/SR (NBA)	Off ice: 11:15-11:45am 12:15-1:15p SR (CTA) 11
4:20-4:50p off ice 5-6:15p JR (RRA) 12	6:30-8a (NBA) 13	6:30-7:45p JR/SR (NBA) 14	6:30-8a (CTA) 15	6:30-8a NBA (NBA) 16 5:20-5:50p off ice 6-7:15p JR (NBA) 7:15-8:30p SR (NBA)	1-3p (NBA) 17 6-7:30pJR/SR (NBA)	Off ice: 1:30-2:15pm 2:30-4:30p SR (NBA) 18
4:20-4:50p off ice 5-6:15p JR (RRA) 19	6:30-8a (NBA) 20	6:30-7:45p JR/SR (NBA) 21	6:30-8a (CTA) 22	6:30-8a NBA (NBA) 23 5:20-5:50p off ice 6-7:15p JR (NBA) 7:15-8:30p SR (NBA)	1-3p (NBA) 24 6-7:30pJR/SR (NBA)	Off ice: 1:30-2:15pm 2:30-4:30p SR (NBA) 25
4:20-4:50p off ice 5-6:15p JR (RRA) 26	6:30-8a (NBA) 27	6:30-7:45p JR/SR (NBA) 28	6:30-8a (CTA) 29	6:30-8a NBA (NBA) 30 5:20-5:50p off ice 6-7:15p JR (NBA) 7:15-8:30p SR (NBA)		
RRA=Rocky Ridge Arena	NBA=Norma Bush Arena	CWC=Crowchild Twin Arena				